

## **CURRICULUM VITAE**

**Tricia Thompson, MS, RD**

**Contact**                    348 Summer Street  
Manchester-by-the-Sea, Massachusetts 01944  
(tel) 978-526-1696  
(e-mail) tricia\_s\_thompson@hotmail.com

**Education**                Tufts University  
Boston, Massachusetts  
M.S. in Nutrition, 1991

Francis Stern Nutrition Center  
New England Medical Center  
Boston, Massachusetts  
Dietetic Internship, 1991

Middlebury College  
Middlebury, Vermont  
B.A. in English Literature, 1986

### **Professional Experience**

1996 to present        Independent nutrition consultant  
specializing in celiac disease

1991 to 1995            Private practice  
*Permanent Solutions* weight management program

### **Professional Associations**

American Dietetic Association

Medical Nutrition Therapy Practice Group

Dietitians in Gluten Intolerance Diseases

American Celiac Disease Alliance

### **Dietitian Advisory Board**

Gluten-Free Living Magazine

## Medical Advisory Board

Zeer (online food information resource [www.zeer.com](http://www.zeer.com))

## Peer-Reviewed Articles

- Thompson T, Lee A, Grace T. Gluten contamination of grains, seeds, and flours in the United States: A pilot study. *J Am Diet Assoc.* 2010;110:937-940.
- Thompson T, Mendez E. Commercial assays to assess gluten content of food: why they are not created equal. *J Am Diet Assoc.* 2008;108:1682-1687.
- Thompson T, Dennis M, Higgins LA, Lee A, Sharrett. Gluten-free diet survey: are Americans with coeliac disease consuming recommended amounts of fibre, iron, calcium and grain foods? *J Hum Nutr Dietet.* 2005;18:163-169.
- Thompson T. Gluten contamination of commercial oat products in the United States. *N Engl J Med.* 2004;351:2021-2022.
- Thompson T. Oats and the gluten-free diet. *J Am Diet Assoc.* 2003;103:376-379.
- Thompson T. Wheat starch, gliadin, and the gluten-free diet. *J Am Diet Assoc.* 2001;101:1456-1459.
- Thompson T. Folate, iron, and dietary fiber contents of the gluten-free diet. *J Am Diet Assoc.* 2000;100:1389-1396.
- Thompson T. Questionable foods and the gluten-free diet: survey of current recommendations. *J Am Diet Assoc.* 2000;100:463-465.
- Thompson T. Thiamin, riboflavin, and niacin contents of the gluten-free diet: is there cause for concern? *J Am Diet Assoc.* 1999;99:858-862.
- Thompson T. Do oats belong in a gluten-free diet? *J Am Diet Assoc.* 1997;97:1413-1416.

## Other Articles

- Thompson T. Codex Draft Revised Standard for Gluten-Free Foods: An Update. *Medical Nutrition Matters Newsletter.* Spring, 2007.

- Thompson T, Kane R, Hager M. Food allergen labeling and consumer protection act. *J Am Diet Assoc.* 2006;106:1742-1744.
- Thompson T. National Institutes of Health consensus statement on celiac disease. *J Am Diet Assoc.* 2005;105:194-195.
- Thompson T. Are you eating enough fiber? *Gluten-Free Living Magazine.* 2004;9:9-10.
- Thompson T. Case problem: questions regarding the acceptability of buckwheat, amaranth, quinoa, and oats from a patient with celiac disease. *J Am Diet Assoc.* 2001;101:586-587.

### Columns

- "DIGID Corner." *Medical Nutrition Matters* newsletter. Fall 2007 to present.
- "Living Gluten-Free" column. *Diet.com.* June 2008 to present.
- Neglected Nutrition Series. *Gluten-Free Living Magazine.* Spring 2007 to Spring 2008.

### Book Chapters

- Thompson T. Oats and Wheat Starch. In: Melinda Dennis and Daniel Leffler, eds. *Real Life with Celiac Disease: Troubleshooting and Thriving Gluten Free.* American Gastroenterological Association, 2010.
- Thompson T, Case S. Food Labeling in the United States and Canada. In: Melinda Dennis and Daniel Leffler, eds. *Real Life with Celiac Disease: Troubleshooting and Thriving Gluten Free.* American Gastroenterological Association, 2010.
- Thompson T. The Nutritional Quality of Gluten-Free Foods. In: Eimear Gallagher, ed. *Gluten-Free Food Science and Technology.* Blackwell Publishing, 2009.
- Tricia Thompson. Celiac Disease section. American Dietetic Association *Nutrition Care Manual*, 2006-2008 (updated annually). Available at: [www.nutritioncaremanual.org](http://www.nutritioncaremanual.org).

### Books

- Tricia Thompson and Marlisha Brown. *American Dietetic Association's Easy Gluten Free: Expert Nutrition Advice with More Than 100 Recipes.* Wiley, 2010.

- Tricia Thompson. *The Gluten-Free Nutrition Guide*. McGraw-Hill Trade, 2008.
- Eve Adamson and Tricia Thompson. *The Complete Idiot's Guide to Gluten-Free Eating*. Alpha Books (division of Penguin), 2007.
- Tricia Thompson. *Celiac Disease Nutrition Guide*, 2<sup>nd</sup> edition. American Dietetic Association, 2006.

### **On-Line Publications**

- Tricia Thompson and Suzanne Simpson. *Counting Gluten-Free Carbohydrates: A dietitian resource for counseling individuals with diabetes and celiac disease*. 2010. Available at:  
<http://www.glutenfreedietitian.com/registration.php?id=cgfc>

### **Major Presentations**

- Improving the Nutritional Quality of Gluten-Free Foods. Second International Symposium on Gluten-Free Cereal Products and Beverages. Tampere, Finland. June 9, 2010.
- The Gluten-Free Diet in the US: A Comprehensive Look. General Mills Bell Institute of Health and Nutrition Gluten-Free Symposium. Minneapolis, Minnesota. January 7, 2010.
- Celiac Disease: Incorporating ADA's New Evidence-Based Practice Guidelines. American Dietetic Association's Food and Nutrition Conference and Expo. Denver, Colorado. October 17, 2009.
- Translating the Gluten-Free Diet Updates into Practice: The Changing Role of Oats and Wheat Starch in the Gluten-Free Diet. American Dietetic Association's Food and Nutrition Conference and Expo. Philadelphia, Pennsylvania. September 30, 2007.
- The Gluten-Free Diet as Followed in the United States. XII International Celiac Disease Symposium. Columbia University Medical Center. New York, New York. November 11, 2006.
- Gluten-Free Foods: Consumption Patterns and Purchasing Practices of Consumers with Celiac Disease. Food and Drug Administration. Public Meeting; Gluten-Free Labeling of Foods. College Park, Maryland. August 19, 2005.
- Celiac Disease: Diagnosis and Nutritional Care. American Dietetic Association, Center for Professional Development. March 31, 2005.

## Other Publications

- *Gluten-Free Basics* client education brochure. American Dietetic Association, 2010.
- *Managing Celiac Disease* training module. Meeting Children's Special Food and Nutrition Needs. National Food Service Management Institute, 2010.
- Work group member, Celiac Disease Evidence Analysis Project American Dietetic Association American Dietetic Association (includes the Celiac Disease Evidence Based Nutrition Practice Guideline). August 2004 to present.